

# Sandy Jefferis

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## Education:

### Sabina B. Evarts, Master-Teacher: The Usui-Satori Reiki System

- 2010 April 21, Third Degree: Part B
- 2009 November 5, Third Degree: Part A  
March 8, Second Degree Reiki Program
- 2008 October 28, First Degree Reiki Program

### University of Vermont

- 1982  
Bachelor of Science in Nursing  
Honors: *magna cum laude*

### University of Kansas

- 1974  
Bachelor of Arts, Anthropology

## Publications and Presentations:

1995 Jefferis, Sandra C., Margaret P. Gagne, and Ellen W. Leff “Factors Associated with Newborn Temperature Change During Initial Bath,” oral presentation, Association of Women’s Health, Obstetric, and Neonatal Nurses, Nashville, Tennessee, June 4-7.

1994 Leff, Ellen W. , Sandra C. Jefferis, and Margaret P. Gagne, “The development of the Maternal Breastfeeding Evaluation Scale,” Journal of Human Lactation 10: 105-111.

1994 Leff, Ellen W., Margaret P. Gagne, and Sandra C. Jefferis, “Maternal perceptions of successful breastfeeding,” Journal of Human Lactation, 10(2): 99-104.

1992 Leff, Ellen W., Margaret P. Gagne, and Sandra C. Jefferis, “Development of a Maternal Breastfeeding Evaluation Scale,” oral presentation, NAACOG, the Organization for Obstetric, Gynecologic, & Neonatal Nurses, Minneapolis, Minnesota, June 1.

1992 Gagne, M.P., E.W. Leff and S.C. Jefferis. “Diabetes and breastfeeding: an exploratory approach.” Health Care of Women International, July-September.

1991 Leff, E.W., M.P. Gagne and S.C. Jefferis. "Promoting successful interdependence: type I diabetes in pregnancy." MCN, March/April.

1991 Jefferis., S.C., M.P. Gagne, and E.W. Leff. "Breastfeeding and diabetes: making it work for you." Diabetes Forecast, August.

1989 Jefferis, S.C., E.W. Leff, and M.P. Gagne, "Pregnancy and chronic diabetes: The agony and the ecstasy", oral presentation, NAACOG Seventh National Meeting, St. Louis, Missouri, April 5.

1988 Gagne, Margaret, Sandra C. Jefferis, and Ellen W. Leff. "Diabetes and Breastfeeding: An Exploratory Study," paper presented at the 1988 NAACOG Research Conference, Practice Implications for Perinatal and Women's Health Nursing Research, Toronto, Canada, July.

1988 Gagne, Margaret, Sandra C. Jefferis, and Ellen W. Leff. "Diabetes and Breastfeeding: An Exploratory Study." Paper presented at the Eighth Biennial Nursing Research Conference, Emerging Directions in Nursing Research, Chapel Hill, North Carolina, April.

## Grants and Awards:

2008

*Web and Flow*, Juror's Choice Award, Textile Center, Minneapolis, Minnesota

2002

*Vermont Arts & Fine Craft Festival*, Stratton Mountain, Vermont; Best in Class award

1990

American Nurses Foundation funding for "Development of a Maternal Breastfeeding Evaluation Scale"

1986

American Nurses Foundation funding for "Diabetes and Breastfeeding: An Exploratory Study"

## Employment:

2009 - present

Sandy Jefferis Reiki  
professional Reiki practice

1997 - present

Sandy Jefferis Studios  
Fiber Sculpture and Contemporary Baskets

1982 - 1997

Medical Center Hospital of Vermont  
member, nursing research group  
member, nursing research committee  
preceptor, BS and AD nursing students during maternal/child clinical  
coauthor "Diabetes and Pregnancy" inpatient booklet  
staff nurse, labor and delivery  
staff nurse, postpartum  
staff nurse, neurology and urology

1978 - 1982

University of Vermont, Department of Anthropology  
research assistant

1976 - 1982

University of Minnesota, Department of Agronomy  
secretary

## Exhibitions:

2009 *Select Group Show from the National Basketry Organization's "Web and Flow"*,  
Guardino Gallery, Portland, Oregon

*Web and Flow*, Textile Center, Minneapolis, Minnesota

2008 *Leave a Paper Trail*, Studio Place Arts Gallery, Barre, Vermont

2007 *Paint the Gallery Red*, Studio Place Arts Gallery, Barre, Vermont

*Maps and Journeys*, Studio Place Arts Gallery, Barre, Vermont

*Basketry as an Art Form*, Bascom-Louise Gallery at the Fine Art Center, Highlands,  
North Carolina

2006 *Smaller Than A Breadbox*, Shelburne Art Center, Shelburne, Vermont

*Fine Art of Craft*, Studio Place Arts, Barre, Vermont

*Palettes of Vermont*, Vermont Arts Council, selected exhibition, Montpelier, Vermont

2005 *Landscapes*, Art on Main, Bristol, Vermont. Featured artist.

2002 *It's Alive!*, Shullenberger Gallery, Jericho, Vermont

*Tour de Vermont*, Shullenberger Gallery, Jericho, Vermont

*Vermont Arts & Fine Craft Festival*, Stratton Mountain, Vermont; “Best in Class” award

2001-2002

*It Must Be The Water*, Shullenberger Gallery, Jericho, Vermont

## Galleries:

Shelburne Art Center, Shelburne, Vermont; 2003-2009

Art on Main, Fine Art and Craft Gallery, Bristol, Vermont; 2004-present

Silver Lake Shop, Barnard, Vermont; 2006-2009

Artisans Gallery, Waitsfield, Vermont; 2006-present

Artisans Hand Craft Gallery, Montpelier, Vermont; 2000-2008

## Media:

2007 Hubbardton Forge Catalog. “Four Corners Vessel #3” cover feature.

2005 Pellett, Dorothy, “Baskets Are Dependable Sellers At Retail Shops, Help Provide Livelihood For Artisans,” Champlain Business Journal, March.

2003 “Art and Artisans Holiday Market,” Vermont Times, November 12.

2000 “Home Business”, Champlain Business Journal, November.

## Professional Organizations:

Vermont Reiki Association, 2009 - present

Vermont Crafts Council

Vermont Arts Council

Council on Nursing and Anthropology, 1980-1983

Sigma Theta Tau, International Honor Society of Nursing, 1988 - present

International Lactation Consultant Association (1995)